

**BEN POOLE – NEW ALBUM
“POST-MIDNIGHT BEHAVIOUR”
RELEASED FRIDAY SEPTEMBER 25, 2026**

[CD & VINYL](#) | [DIGITAL](#)

**FEATURING THE BRAND-NEW SINGLE
“RUNAWAY SOULS” FEATURING ELLES BAILEY**

[WATCH MUSIC VIDEO](#)

**“Post-Midnight Behaviour is a remarkable return
and is Poole’s finest work to date.”**

– [Powerplay Magazine](#)

**“Post-Midnight Behaviour remains firmly rooted in blues rock
while moving comfortably between alternative rock, soul, funk and pop,
giving the album a varied and engaging character.”**

– [Blues Rock Review](#)



Today, celebrated British guitarist and singer songwriter, **Ben Poole**, is pleased to announce the release of his new album ***Post-Midnight Behaviour***. The album is released worldwide by **Gypsy Soul Records** and is available on CD and vinyl [HERE](#), and digital [HERE](#).

To celebrate the album release, Ben has released the lead single “**Runaway Souls**” featuring **Elles Bailey**. The single is accompanied by an official music video that can be viewed on YouTube [HERE](#).

“They killed this one. Runaway Souls is my favourite track on the album.”

– [Rock The Joint](#)

“Runaway Souls is a blistering track and a fine example of the highly regarded blues guitarist’s evolving sound, reaching further heights thanks to Elles Bailey’s guest vocals.”

– [R’N’R Magazine](#)

“Runaway Souls is a superb track that epitomises Elles Bailey, with a stunning guitar solo from Poole, and thunderous drumming.”

– [Fireworks Magazine](#)



Photo Credit: Mike Inns

Pushing boldly beyond familiar blues-rock territory, Ben unveils a richer, more atmospheric sound, where late-night grooves, subtle rock dynamics, and sky-bright hooks collide with effortless confidence. Expressive, cinematic, and instantly memorable, the track draws the listener deep into the world of *Post-Midnight Behaviour* without ever losing its cool, understated power.

“I wanted *Post-Midnight Behaviour* to capture how far I’ve come as a guitarist, singer, and songwriter,” says Poole. “After years of playing more than 150 shows annually across over 20 countries, everything has grown — my guitar style, technique, and voice, and how I hear music. The album is the sound of all those experiences coming together. It moves through Blues, Rock, Soul, Country, and Alternative Rock, but with a darker, late-night energy running through it. I still get to unleash the guitar, but this time it sits inside something more atmospheric and reflective, and more emotionally charged. That after-hours mood inspired the album title.”

“Ben has worked relentlessly building his reputation as a top blues rock guitarist, counting Jeff Beck and Gary Moore among those that acknowledged his ability.

– [Blues Matters](#)

“Maybe the biggest takeaway from Post-Midnight Behaviour is that it sounds like a songwriter’s record made by a great guitarist.” – [The Rockpit](#)

“Post-Midnight Behaviour is wrapped in lush soundscapes, cinematic in places.”

– [Blues in Britain](#)

“There are subtle traces of John Mayer’s artistry at work throughout the album... the blistering guitar is still there, but it’s embedded in songs that cover a broad stylistic range.”

– [Guitarist Magazine](#)

“In recent years I’ve released a few live albums, which are great snapshots of a specific moment in time,” adds Poole. “With this new album, I took my time to make sure every detail was fully realised — the songs, the sounds, the arrangements, the performances, everything. My writing team and I pushed ourselves harder than ever, digging deep to make the songwriting as strong, sharp, and emotionally powerful as it could be. Listeners are going to feel that energy the moment they hear it. It has been well worth the wait.”

TRACK LISTING

1. **No Second Chances** (5:42)
2. **Empty** (5:57)
3. **Time Has No Mercy** (3:36)
4. **Living On Repeat (Buried in the Background)** (4:13)
5. **Summer Haze** (4:40)
6. **Runaway Souls – featuring Elles Bailey** (4:22)
7. **Searching** (5:30)
8. **Nothing To You** (3:50)
9. **Start Of The End** (5:26)
10. **Runaway Souls – featuring Elles Bailey (Radio Version)** (4:12)

PRODUCTION CREDITS

Produced by Wayne Proctor, Oli Brown, and Ben Poole

Recorded at House of Tone Mix Suite & Superfly Studios, Nottinghamshire, UK

Mixed and mastered by Wayne Proctor at House of Tone Mix Suite, UK

“Runaway Souls” (Radio Version) mixed & edited by Ross Hayes-Citrullo at RHC Music, Toronto, Canada

All songs co-written by Ben Poole, Oli Brown, Wayne Proctor, and Steve Amadeo

MUSICIANS

Ben Poole – Guitars, Vocals

Wayne Proctor – Drums

Oli Brown – Backing Vocals, Moog

Steve Amadeo – Bass

Bennett Holland – Hammond Organ, Piano, Wurlitzer, Rhodes

Elles Bailey – Guest vocals on “Runaway Souls”

ALBUM TRACK BY TRACK

1. NO SECOND CHANCES

A dark, layered opener that sets the tone for the album. Driven by power chords and raw emotion, it follows a man walking away from a relationship that cannot be saved.

*"I've tried to understand what you're searching for.
While caught in the battleground of your internal war."*

It builds steadily to one of Ben's signature guitar solos.

2. EMPTY

Subtle and sultry, this groove creates an evocative backdrop for a man confronting emptiness and fading memory. From that sense of helplessness comes a striking chorus.

*"Dive into the deep unknown.
Here I go again, falling further out of the view.
Shadows that I hide within.
Here I go again, forever caught in the black and the blue."*

It rises to another of Ben's melodic, standout guitar solos.

3. TIME HAS NO MERCY

Hard-edged and urgent, this track is about seizing the moment, believing in yourself, and proving your worth.

*"There's no need to take the easy way out.
Head back into the fire again.
Stand tall and kick back.
Time has no mercy for you."*

It's the kind of song made for long overnight drives on empty roads when you're racing toward whatever waits ahead.

4. LIVING ON REPEAT (BURIED IN THE BACKGROUND)

It opens with dark, fuzzy bass and surges forward on jagged, heavy guitar riffs. The song becomes a metaphor for breaking chains, resisting inertia, and forcing a way out.

*"I cut and cauterize to see if I can feel this.
I'll count the days till I'm no longer displaced.
I don't want this taking over I'm done drifting."*

Fragmented and unsettling, it rejects a clear verse-chorus structure in favour of a single driving impulse: to escape and survive.

5. SUMMER HAZE

With shimmering pop textures and bright, glinting guitars, *Summer Haze* initially feels light and carefree. But beneath the surface, it tells a wistful story of fleeting love reduced to memory.

*"The sun's gone down, the tide is out.
It's all lost in the summer haze where I once knew you."*

6. RUNAWAY SOULS (FEATURING ELLES BAILEY)

Elles Bailey delivers a guest vocal that is the very definition of rock and soul. Over a backdrop of driving guitars and thunderous drums, she sings of leaving it all behind, chasing something greater, and living without regret.

*"We won't be told we're good for nothing.
We're gonna be long gone."*

*This town won't swallow us whole.
Kick up the dust, we're runaway souls."*

As ever, Bailey is full of surprises and utterly uncompromising. A phenomenal performance.

7. SEARCHING

It's 4 a.m. and sleep is a distant prospect. Few songs capture those lonely, restless hours better than this melodic, languid, and beautifully understated piece of rock. Beneath its laid-back groove lies an existential reflection on the pull of the past and the uncertainty of the road ahead.

*"We've been searching for a way out of everything that's come before.
I know we can't keep holding on to nothing.
We have to believe there's something more."*

At its heart, this is a song about hope and finding the courage to keep moving forward when the destination remains unclear. You may never find exactly what you're searching for, but you'll be changed for the better by the journey itself. Thoughtful, poignant, and deeply affecting.

8. NOTHING TO YOU

For those about to rock around the clock, we salute you. This irresistible slab of groove-laden rock, driven by a snaking guitar line and an infectious rhythm, is the perfect companion for the small hours when fatigue is setting in but sleep remains out of reach. Yet beneath the swagger lies a tale of longing and frustration; of wanting something that remains stubbornly unattainable.

*"Keep refusing, I'm reaching the end here.
However I try, can't keep giving it all when I'm still nothing to you."*

The object of desire may mean nothing to the singer in the end, but this song could mean everything to anyone looking for a soundtrack to those long, lonely hours. Effortlessly cool, relentlessly catchy, and impossible to resist.

9. START OF THE END

*"Hijacked maniacs, emotional amnesiacs.
I see the cracks tearing our lives apart again.
It's time to face whatever we've been running from."*

A desperate cry from the point of no return. Yet for all its darkness, this is a song of monumental uplift and renewal. Emerging from the wreckage of regret and denial, it embraces the moment when the first light finally breaks after a long night of the soul.

As the sun rises, pure melody and power-anthem guitars provide the perfect accompaniment, transforming despair into defiance and uncertainty into hope. And then comes that chorus—soaring, life-affirming, and utterly irresistible. What a way to greet the solar miracle that has captivated humankind since the dawn of time. Exhilarating, redemptive, and unforgettable.



BEN POOLE – UK TOUR 2026

TICKETS AVAILABLE FROM

<https://benpooleband.com/live>

Kinross, The Green Hotel

Saturday October 31

[Tickets](#)

Glasgow, Nice 'N' Sleazys

Sunday November 1

[Tickets](#)

Newcastle, The Cluny

Monday November 2

[Tickets](#)

Coulsdon, The Tuesday Night Music Club

Tuesday November 3

[Tickets](#)

Oxford, The Bullingdon

Wednesday, November 4

[Tickets](#)

Frome, Tree House
Thursday November 5
[Tickets](#)

Swansea, Sin City
Friday November 6
[Tickets](#)

Winchester, The Railway Inn
Saturday November 7
[Tickets](#)

Brighton, Komedia
Sunday November 8
[Tickets](#)

Tunbridge Wells, The Forum
Wednesday November 11
[Tickets](#)

London, Half Moon Putney
Thursday November 12
[Tickets](#)

Luton, Bear Club
Friday November 13
[Tickets](#)

Barnoldswick, Music and Arts Centre
Sunday November 15
[Tickets](#)

Leicester, The International
Tuesday November 17
[Tickets](#)

Camberley, Login Lounge
Wednesday November 18
[Tickets](#)

Chester, The Live Rooms
Thursday November 19
[Tickets](#)

Dudley, Lamp Tavern Live
Friday November 20
[Tickets](#)

Leamington Spa, Temperance

Saturday November 21

[Tickets](#)

ABOUT BEN POOLE

Ben Poole is an internationally acclaimed force in blues rock. Recognized by multiple publications as one of the world's leading blues guitarists, he has been cited by *Guitar World* alongside artists including Eric Clapton, John Mayer, Buddy Guy, Robert Cray and Joe Bonamassa.

He has also been named among the world's top 15 blues guitarists by *Total Guitar* and *Music Radar*.

Ben has appeared on the covers of numerous magazines and earned praise from guitar greats including Jeff Beck, Gary Moore, Richie Kotzen, Kenny Wayne Shepherd, and Philip Sayce. He is widely regarded as one of the standout artists on the international blues-rock circuit.

BEN POOLE

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